

Guideline

Consensus Guidelines for the Use of Palivizumab in Infants and Young Children with Congenital Heart Disease (JSPCCS 2019)

Japanese Society of Pediatric Cardiology and Cardiac Surgery Guideline Committee

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Introduction

Respiratory syncytial virus (RSV) is an important cause of respiratory tract infections (RTIs) in infants and young children. Serious lower RTI is among the most common diseases that necessitate hospitalization in this age group^{1, 2)} and is especially severe in those with risk factors such as preterm birth, chronic lung disease,^{3, 4)} and congenital heart disease (CHD). When infants and young children with CHD contract RSV infection, the resulting disease can often become severe, possibly leading to the postponement or cancellation of the surgical treatment for CHD. Postoperative lung damage might persist, which could result in a prolonged respiratory disorder.^{5–12)} Therefore, preventing and minimizing RSV infection are important for the management of infants and young children with CHD.

In Japan, the use of palivizumab, an anti-RSV monoclonal antibody, in infants and young children with a history of preterm birth or chronic lung disease was officially approved by health insurance in April 2002, and the guideline for its use was published.¹³⁾ Meanwhile, in Western countries, the use of palivizumab for children with CHD was approved for the prevention of serious RTIs caused by RSV in infants and young children with hemodynamically significant CHD after the 2003 RSV season.^{14, 15)} After that, a clinical study on children with CHD in Japan showed that the efficacy and safety of palivizumab were similar to those obtained in foreign studies.

Considering these circumstances and the results of a clinical trial conducted in Western countries¹⁶⁾ and surveys in Japan,^{17, 18)} to prevent and minimize the severity of RSV infection in infants and young children with CHD, the Japanese Society of Pediatric Cardiology and Cardiac Surgery published guideline for the use of palivizumab in infants and children with CHD in 2005¹⁹⁾ with the objective of defining the appropriate use of palivizumab by pediatric cardiologists, neonatologists, and pediatricians.

In Japan, the use of palivizumab for infants and young children with CHD was officially approved in October 2005; since then, severe RSV infections in infants and young children with CHD have been effectively prevented. Ten years later, the contents of the guideline were revised to fit the recent trends on the basis of past experiences and survey results.²⁰⁾ Please refer to the end

of the document for an outline of the steps followed in the preparation of the 2019 guideline and the important points on its use.

Indications

Infants and young children with CHD, who are at a high risk of contracting RSV infection, are defined below. The administration of palivizumab to prevent and minimize the incidence of RSV infection is recommended.

1. Candidates

Candidates are shown in Fig. 1.

2. Non-Candidates

Palivizumab is not indicated for infants and children with certain conditions even if they have CHD and are ≤ 24 months of age at the beginning of the RSV season (Fig. 2). The heavy burden on patients and families due to the excessive administration of palivizumab to low-risk patients with mild conditions must be avoided.

Dosage and Dosing Plan

1. Month of First Palivizumab Injection and Treatment Duration

To achieve high efficacy of palivizumab, the serum antibody titer needs to be at the level necessary for prevention prior to the start of the RSV season.

The timing of RSV outbreaks change every year depending on climate conditions and other factors and vary among regions in Japan.²⁴⁾ To develop a dosing plan, a method was devised to estimate the start of the RSV season on the basis of the Epidemiological Surveillance of Infectious Diseases from each prefecture for the last several years and the number of patients at sentinel sites.^{25–27)} (RSV infection was designated as a sentinel site reporting Class V Infectious Disease by the 2003 Amendment to the Infectious Diseases Control Law in Japan.) According to this method and the trend of the annual incidence of RSV infection, unifying the month of first administration for each year and each prefecture is ideal. Regarding the end of the season, each prefecture and year demonstrate different patterns; thus, a clear standard to determine the end of the season is difficult to develop. Similar to the start of the season, the month in which the season ends should be estimated on the basis of data from the Epidemiological Surveillance of

| Candidates | RC | EL | MI-RG | MI-EC | Ref |
|---|-----|----|-------|-------|----------------------|
| (1) Children with CHD aged ≤ 24 months at the start of the RSV season and have at least one of the following conditions: i. Hemodynamically significant abnormalities ii. Have not undergone surgery or still have remaining symptoms after corrective or palliative surgery iii. Pulmonary hypertension before or after surgery iv. Scheduled for surgery (cardiac or non-cardiac) or cardiac catheterization v. Mild hemodynamic abnormalities complicated by respiratory functional or organic abnormalities. | I | A | A | II | 14 16 19 21 |
| (2) Children with CHD aged ≤ 24 months at the start of the RSV season and without significant symptoms, or children who still have symptoms/syndromes despite of undergoing complete repair i. Children with the following chromosomal or genetic abnormalities: a. Down syndrome b. Other chromosome aberration syndromes c. 22q11.2 deletion syndrome and so on (chromosome microdeletion, genetic abnormalities, etc.) along with functional/organic abnormalities of respiratory and/or immune system. ii. Residual functional/organic abnormalities of the respiratory system after complete cardiac repair | I | C | B | IVb | 14 16 19 21 |
| (3) Children aged ≤ 24 months at the start of the RSV season and onsets of cardiomyopathy, idiopathic pulmonary arterial hypertension, arrhythmia, and so on (including children waiting for heart transplantation or those at the early post-transplantation phase) who present with hemodynamically significant abnormalities | IIa | C | B | IVb | 19 21 22 |
| (4) Children aged ≤ 24 months at the start of the RSV season who have the following risk factors of severe RSV infection (for which palivizumab administration should be actively considered): i. Young age (especially ≤ 4 months) and poor weight gain ii. Use of nursery or daycare facilities iii. Siblings iv. Exposure to second-hand smoke (smoking cessation or guidance on designating areas for smoking for parents) | IIa | C | B | V | 20 23 |

Fig. 1 Candidates (RC, Recommended class; EL, Evidence level; MI-RG, MINDS recommended grade; MI-EC, MINDS evidence classification; Ref, References)

Infectious Diseases in each prefecture for the last several years. Repeated administration of palivizumab resulted in a sufficient elevation in serum antibody titer, and its efficacy could be maintained for a month post administration. Post-marketing survey results showed that the number of administrations ranged from 1 to 9, but no report has indicated the association of adverse events with the number of administrations.^{28, 29)}

As RSV outbreaks change year after year, pediatricians involved with perinatal care and palivizumab administration in each prefecture should lead deliberations and determine the administration start month, administration duration, and number of administrations. It is useful to share information with processors from the Health Insurance Claims Review and Reimbursement Services and National Health Insurance Organization.³⁰⁾

| Non-candidate infants and children | RC | EL | MI-RG | MI-EC | Ref |
|---|-----|----|-------|-------|----------------------|
| (1) Children with CHD aged ≤ 24 months at the start of the RSV season but with hemodynamically insignificant abnormalities, including i. Small systemic-to-pulmonary shunt disease (atrial septal defect, ventricular septal defect, patent ductus arteriosus, etc.), especially no enlargement of the cardiac chambers ii. Mild valvular stenosis or regurgitation, especially semilunar valve stenosis with a pressure gradient of <30 mmHg, atrioventricular valvular stenosis without enlargement of the cardiac chambers, or valvular regurgitation with no enlargement of the cardiac chambers. (2) Children whose CHD was completely repaired by surgery or catheterization and who had no possible risk factors such as chromosome/genetic abnormalities, or organic/functional abnormalities in the respiratory and/or immune system | III | C | C2 | V | 14 16 19 21 |

Fig. 2 Non-candidate infants and children

| Administration of palivizumab after surgery involving cardiopulmonary bypass | RC | EL | MI-RG | MI-EC | Ref |
|---|----|----|-------|-------|----------|
| Palivizumab administration should be considered as soon as postoperatively reasonable for children who need RSV infection prevention. | I | B | B | IVa | 14 16 |

Fig. 3 Administration of palivizumab after surgery involving cardiopulmonary bypass

| Dose and dosing schedule | RC | EL | MI-RG | MI-EC | Ref |
|---|----|----|-------|-------|-----------------|
| A palivizumab dosage of 15 mg/kg of body weight is administered via intramuscular injection once a month. If the dose exceeds 1 mL, it should be divided. | I | A | A | II | 3,4 14 16 |

Fig. 4 Dose and dosing schedule

When administering palivizumab to infants or young children discharged from the neonatal intensive care unit/growing care unit, considering the time necessary to increase the serum palivizumab concentration, it is recommended that the dose is given at least 3 days prior to discharge.

The maintenance period of an effective palivizumab concentration is shorter after the first administration than after the second dose; thus, a shorter interval from the first administration is recommended for the post-discharge administration.

2. Administration of Palivizumab to Children after Surgical Procedures Involving Cardiopulmonary Bypass

Serum palivizumab concentration has been reported to decrease significantly after surgery using cardiopulmonary bypass (Fig. 3).^{14, 16)}

3. Dose and Dosing Schedule

The palivizumab dose and dosing schedule are shown in Fig. 4.

4. Notice for the Intramuscular Injection of Palivizumab:

① It is to be given intramuscularly only, and intravenous

administration should be avoided.

- ② It should not be mixed with other injectable agents.
- ③ It should be injected in the muscle, ideally in the anterolateral aspect of the thigh, and the gluteal muscle should not be used as an injection site because of the risk of injury to the sciatic nerve.
- ④ Areas in which nerves run should not be used as injection sites.
- ⑤ Repeated injections in the same area should be avoided.
- ⑥ When severe pain or backflow of blood into the syringe is observed during injection, the needle should be withdrawn immediately, and the injection site should be changed.

Please refer to *Intramuscular Inoculation of Vaccines for Children (Revised Version)* by the Japan Pediatric Society for standard intramuscular injection methods.³¹⁾

Precautions

1. Precautions for Palivizumab Injection³²⁾:

- 1) When patients have RSV infection while receiving palivizumab injections, continuous administrations are recommended during the RSV season to prevent severe lower RTI due to reinfection.
- 2) In children with a bleeding tendency due to thrombocytopenia or other coagulation disorders, serious conditions could develop; thus, it is recommended that palivizumab should be carefully administered with the application of pressure on the injection site until hemostasis is confirmed.
- 3) Muscular contracture reportedly develops from intramuscular injection of antibiotics; thus, palivizumab should be administered with utmost care.
- 4) In children with moderate to severe acute infection or febrile disease, or an unstable circulatory and/or respiratory system, palivizumab administration should be postponed unless its benefit outweighs its risks. Mild febrile diseases such as upper RTIs are usually not reasons to postpone palivizumab administration.
- 5) Whether palivizumab is effective for treating established RSV infections has not been clarified.

2. Side Effects

Note the following two major side effects³²⁾:

- 1) Anaphylactic shock (unknown frequency) — Observe the patient carefully and stop the administration if cyanosis, cold sweats, blood pressure decrease,

breathing difficulties, stridor/wheezing, or tachycardia is observed, and provide appropriate treatment such as epinephrine therapy (1:1000).

- 2) Thrombocytopenia (unknown frequency)—Observe the patient carefully, and if any abnormalities are observed, provide the appropriate treatment such as discontinuation of the palivizumab administration.

3. Interactions with Underlying Diseases, Other Drugs, and so on

- 1) No adverse events associated with palivizumab injections have been reported in infants or young children with the following conditions:
 - i) food allergy;
 - ii) treatment with immunoglobulin preparations (for Kawasaki disease, etc.);
 - iii) open-heart surgery;
 - iv) palivizumab therapy during the previous RSV season; and
 - v) a history of RSV infection.
- 2) No reports have indicated adverse drug reactions resulting from interactions between palivizumab and other drugs in clinical trials in Japan or foreign countries.
- 3) In foreign clinical trials in which palivizumab was combined with inactivated or live vaccines, the number of adverse events did not increase. Increased adverse events have not been reported in Japan.³³⁾ As palivizumab binds specifically to RSV, palivizumab injections are believed not to prevent immune response to vaccines. Therefore, the vaccination schedule need not be changed during palivizumab administrations.

Importance of Basic Infection Control

Basic infection control is essential even when palivizumab injections are administered. Educating parents about infection control is important because the management of high-risk children requires their cooperation. Parents should be educated not only about RSV infection but also about the basic precautions needed to prevent RTIs. It is also recommended that parents are well educated to strictly adhere to the administration schedule to maintain the efficacy of palivizumab.

Basic information to prevent RSV infections includes^{1, 2)}

- 1) Source of infection: infants with RSV infection, family

members or medical staffs, and so on who are infected with RSV during the season;

- 2) Infection pathway: mainly the nasal mucosa and conjunctiva;
- 3) Mode of transmission: contagious infection (through hands contacting secretions from infected individuals) and droplet infection (through relatively large droplets such as saliva and sputum at a distance of < 1 m); and
- 4) Preventive methods: standard precaution along with the prevention of contagious and droplet infections by avoiding crowded spaces and monitoring for cold symptoms in parents and siblings.

RSV Infection Countermeasures at Medical Facilities

RSV can lead to serious symptoms in high-risk children by spreading within medical facilities. Therefore, children with RSV infection should be isolated to prevent the infection of high-risk children hospitalized at the facility. When an RSV outbreak is confirmed, appropriate infection countermeasures are implemented at facilities and wards by an infection control team

(Fig. 5).^{34, 35)}

Important Steps for the Preparation and Use of This Guideline

The current scientific basis for implementing a systematic review is insufficient. Upon discussing this issue with related academic societies, the consensus guidelines were summarized on the basis of a consensus that reflects the latest evidence and medical conditions.

This revised guideline also includes the recommended class and evidence level determined by the authors on the basis of domestically and internationally published papers, and ultimately chosen by committee members and external evaluators. Similar to foreign guidelines that follow traditional guidelines, the recommended class (RC) and evidence level (EL) are indicated (Figs. 6 and 7). Moreover, Medical Information Network Distribution Service (MINDS)-recommended grades (MI-RG) and MINDS-evidence classification (MI-EC) were applied from the "2007 MINDS Handbook for Clinical Practice Guideline Development,"³⁶⁾ issued by the Japan Council for Quality Health Care (Figs. 8 and 9). The description of the evidence level in the West-

| RSV infection countermeasures at medical facilities | RC | EL | MI-RG | MI-EC | Ref |
|--|-----|----|-------|-------|----------|
| As a countermeasure for secondary RSV infection, the prophylactic administration of palivizumab can prevent the spread of infection. | Ila | C | B | V | 34 35 |

Fig. 5 RSV infection countermeasures at medical facilities

| | |
|-----------|---|
| Class I | Evidence and/or general agreement that a given procedure or treatment is beneficial, useful, and effective. |
| Class II | Conflicting evidence and/or a divergence of opinion about the usefulness/efficacy of the given procedure or treatment. |
| Class IIa | Weight of evidence/opinion is in favor of usefulness/efficacy. |
| Class IIb | Usefulness/efficacy is less well established by evidence/opinion. |
| Class III | Evidence and/or general agreement that the given procedure or treatment is not useful/effective and, in some cases, may be harmful. |

Fig. 6 Recommended class

| | |
|---------|--|
| Level A | Data derived from multiple randomized clinical trials or meta-analyses of such studies. |
| Level B | Data derived from a single randomized trial or large-scale non-randomized studies. |
| Level C | Consensus opinion of experts based on clinical experience and/or small-scale clinical studies, including retrospective trials and registry research studies. |

Fig. 7 Evidence level

| | |
|----------|--|
| Grade A | Strong scientific basis; highly recommended |
| Grade B | Scientific basis; recommended |
| Grade C1 | No scientific basis; recommended |
| Grade C2 | No scientific basis; not recommended |
| Grade D | Scientific basis for a lack of efficacy or harm; not recommended |

Fig. 8 MINDS recommended grade

| | |
|-----|--|
| I | Meta-analysis of systematic reviews and randomized controlled trials |
| II | More than one randomized controlled trial |
| III | Non-randomized controlled trial |
| Iva | Epidemiological study (cohort study) |
| IVb | Epidemiological study (case-control or cross-sectional study) |
| V | Descriptive study (case studies and case series) |
| VI | Opinions of expert committees and/or experts not based on patient data |

Fig. 9 MINDS evidence classification

ern guidelines was based on the idea that randomized clinical trials feature a higher evidence level than registered studies. By contrast, the evidence classification of MINDS shows the types of trials and studies that are the basis of the evidence, although these descriptions differ.

Recommendations made in the treatment guideline should not be forced but rather considered as a reference for treatment options. Patients and medical providers should be given discretion to choose the optimum treatment through their cooperation.³⁷⁾ Therefore, the consensus guidelines also list diseases and/or conditions that are not officially approved.

The recommended grade is comprehensively determined on the basis of the evidence level and number, variations in the conclusion, clinical efficacy, clinical applicability, and evidence about adverse events and cost-benefits.

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